

JANUARY 2025

North and South Middle Schools

Milk Choice May Include:
FF Flavored Milk, Skim Milk,
and 1% White Milk

Monday

Other Daily Choices
May Include:
Smucker's Uncrustable
and Fresh Made Salads

Cheeseburger on w/g Roll **6**
Chicken Nuggets w/ Roll
Steamed Carrots
Asst. Fresh and Canned Fruit
Asst Fresh Veggies
Milk Choice

Corn Dog **13**
Chicken Patty on a Bun
Roasted Chic Peas
Asst. Fresh and Canned Fruit
Asst Fresh Veggies
Milk Choice



Chicken Alfredo w/ Breadstick **27**
Cold Cut Hoagie
Fresh Side Salad w/ Italian Dressing
Asst. Fresh and Canned Fruit
Asst Fresh Veggies
Milk Choice

Tuesday

BBQ Rib Sandwich **7**
Chicken Nuggets w/ Roll
Baked Beans
Asst. Fresh and Canned Fruit
Asst Fresh Veggies
Milk Choice

Walking Taco **14**
Chicken Patty on a Bun
Baked Tater Tots
Asst. Fresh and Canned Fruit
Asst Fresh Veggies
Milk Choice

BBQ Rib Sandwich **21**
Turkey & Cheese Hoagie
Baked Beans
Asst. Fresh and Canned Fruit
Asst Fresh Veggies
Milk Choice

Meatball & Cheese Hoagie **28**
Cold Cut Hoagie
Baked Spiral Fries
Asst. Fresh and Canned Fruit
Asst Fresh Veggies
Milk Choice

Wednesday

**HAPPY
NEW YEAR
2025!** **1**

Creamed Chicken over Biscuit **8**
Chicken Nuggets w/ Roll
Mashed Potatoes w/ Gravy
Steamed Corn
Asst. Fresh and Canned Fruit
Asst Fresh Veggies
Milk Choice

JTM Mac & Cheese **15**
Chicken Patty on a Bun
Steamed Broccoli
Asst. Fresh and Canned Fruit
Asst Fresh Veggies
Milk Choice

Salisbury Steak w/ Gravy & Roll **22**
Turkey & Cheese Hoagie
Mashed Potatoes
Asst. Fresh and Canned Fruit
Asst Fresh Veggies
Milk Choice

Chinese New Year **29**
Tangerine Chicken over Brown Rice
Cold Cut Hoagie
Oriental Veggies, Fortune Cookie
Asst. Fresh and Canned Fruit
Asst Fresh Veggies
Milk Choice

Thursday

**NO
SCHOOL** **2**

Swedish Meatballs over Noodles **9**
Chicken Nuggets w/ Roll
Baked Tater Wedges
Asst. Fresh and Canned Fruit
Asst Fresh Veggies
Milk Choice

Breaded Ravioli w/ Dipping Sauce **16**
Chicken Patty on a Bun
Steamed Green Beans
Asst. Fresh and Canned Fruit
Asst Fresh Veggies
Milk Choice

Cheeseburger on a Bun **23**
Turkey & Cheese Hoagie
Steamed Carrots
Asst. Fresh and Canned Fruit
Asst Fresh Veggies
Milk Choice

Soft Beef & Cheese Taco **30**
Cold Cut Hoagie
Steamed Corn
Asst. Fresh and Canned Fruit
Asst Fresh Veggies
Milk Choice

Friday

**No
School** **3**

Big Daddy's Pizza **10**
Chicken Nuggets w/ Roll
Steamed Broccoli
Asst. Fresh and Canned Fruit
Asst Fresh Veggies
Milk Choice

Big Daddy's Pizza **17**
Chicken Patty on a Bun
Steamed Corn
Asst. Fresh and Canned Fruit
Asst Fresh Veggies
Milk Choice

Big Daddy's Pizza **24**
Turkey & Cheese Hoagie
Fresh Side Salad
Asst. Fresh and Canned Fruit
Asst Fresh Veggies
Milk Choice

Big Daddy's Pizza **31**
Cold Cut Hoagie
Baked Beans
Asst. Fresh and Canned Fruit
Asst Fresh Veggies
Milk Choice

All students receive a complimentary lunch daily. Choices include: **MILK:** FF Flavored Milk or 1% White. **ASSORTED FRUIT & FRESH VEGGIE:** (Take up to 2 fruits & 2 Vegetables) Apple, Orange, Banana, Peach, Plum, Grapes, Asst. Canned & Other Fresh Fruit Available, Baby Carrots, Broccoli, Chick Peas, Grape Tomato, Romaine Salad, Cucumber Slices, Celery Sticks, & Asst. Other Vegetables as available. **Grains/ Breads:** 80% of all grain items are "Whole Grain Rich", per USDA regulations. To qualify as a free lunch, students must take 3,4, or 5 items, (**Meat/ Meat Alternate, Grain/ Bread, Vegetable, Fruit, Milk**) of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect.