

Variety of Hot & Cold Entrees available. Students must select a minimum of 3 components of which 1 must be a Fruit or Vegetable serving.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Daily Alternative Entree Monday: Chicken Nuggets & WG Dinner Roll	Daily Alternative Entree Tuesday: Hamburger or Cheeseburger on WG Bun	Daily Alternative Entree Wednesday: Chicken Patty Sandwich on WG Bun	Daily Alternative Entree Thursday: Ham & Cheese Hoagie on WG Bun	Daily Alternative Entree Friday: Pepperoni or Plain Pizza
Daily Fresh Vegetable Choice: Baby Carrots Fresh Greens Side Salad Fresh Cucumber Slices Broccoli Florets or 3 Bean Salad w/Chick Pea	January 01 NO SCHOOL HAPPY NEW YEAR! 		January 02 Pasta w/ Meat Sauce Romaine Lettuce Fresh Vegetables Fresh/ Canned Fruit Fat Free or 1% Milk	January 03 Nacho's w/ Beef & Cheese Steamed Carrots Fresh Vegetables Fresh/ Canned Fruit Fat Free or 1% Milk
January 07 Hot Italian Hoagie Steamed Corn Fresh Vegetables Fresh/ Canned Fruit Fat Free or 1% Milk <small>Week 2</small>	January 08 Orange Kissed Chicken Bowl Steamed Green Beans Fresh Vegetables Fresh/ Canned Fruit Fat Free or 1% Milk	January 09 Pasta w/ Meat Sauce Romaine Lettuce w/ Dressing Fresh Vegetables Fresh/ Canned Fruit Fat Free or 1% Milk	January 10 Corn Dog Steamed Broccoli Fresh Vegetables Fresh/ Canned Fruit Fat Free or 1% Milk	January 11 Walking Taco Refried Beans Fresh Vegetables Fresh/ Canned Fruit Fat Free or 1% Milk 
January 14 Meatball Hoagie Baked Potato Rounds Fresh Vegetables Fresh/ Canned Fruit Fat Free or 1% Milk <small>Week 3</small>	January 15 Chicken Parm Sandwich Steamed Green Beans Fresh Vegetables Fresh/ Canned Fruit Fat Free or 1% Milk	January 16 School Made Mac & Cheese Steamed Broccoli Fresh Vegetables Fresh/ Canned Fruit Fat Free or 1% Milk	January 17 Hot Dog on a Bun Fresh Spinach Fresh Vegetables Fresh/ Canned Fruit Fat Free or 1% Milk	January 18 Buffalo Chicken Dip w/ Tortilla Chips Steamed Carrots Fresh Vegetables Fresh/ Canned Fruit Fat Free or 1% Milk 
January 21 IF I CANNOT DO GREAT THINGS, I CAN DO SMALL THINGS IN A GREAT WAY <small>MARTIN LUTHER KING, JR.</small> <small>Week 4</small>	January 22 Cremed Chicken over Biscuits Whipped Potatoes Fresh Vegetables Fresh/ Canned Fruit Fat Free or 1% Milk	January 23 Pasta w/ Meat Sauce Steamed Peas Fresh Vegetables Fresh/ Canned Fruit Fat Free or 1% Milk	January 24 Italian Dunkers w/ Dipping Sauce Romaine Lettuce Fresh Vegetables Fresh/ Canned Fruit Fat Free or 1% Milk	January 25 School Made Chili w/ Corn Bread Steamed Green Beans Fresh Vegetables Fresh/ Canned Fruit Fat Free or 1% Milk 
January 28 Steak & Cheese Hoagie Garbanzo Beans Fresh Vegetables Fresh/ Canned Fruit Fat Free or 1% Milk <small>Week 5</small>	January 29 Meatloaf w/ Gravy Whipped Potatoes Fresh Vegetables Fresh/ Canned Fruit Fat Free or 1% Milk Dinner Roll	January 30 Pasta w/ Meat Sauce Spring Salad w/ Italian Dressing Fresh Vegetables Fresh/ Canned Fruit Fat Free or 1% Milk	January 31 Pierogi's w/ Dinner Roll Steamed Green Beans Fresh Vegetables Fresh/ Canned Fruit Fat Free or 1% Milk	Always Available: WOW BUTTER & Jelly Sandwich on WG Bread or Tossed Salad with Grilled Chicken

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Questions?? Contact Troy Golden, Food Service Director (724)564 -7190 ext.8123
EARN WHILE YOUR CHILD LEARNS...NOW TAKING APPLICATIONS - Cafeteria Substitutes