




February

Students must select a minimum of 3 of the 4 Breakfast Components - 1 item must be 1/2 cup Fruit serving to qualify for a Reimbursable Meal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>EARN WHILE YOUR CHILD LEARNS....NOW TAKING APPLICATIONS - Cafeteria Substitutes</p>	<p>Happy February!</p> 	<p>Apple Filled Turnover or Asst. WG Cereal w/ WG Toast Chilled Fruit Juice or Fruit Low Fat or FF Milk</p>	<p>Breakfast Sausage Pizza or Asst. WG Cereal w/ WG Toast Chilled Fruit Juice or Fruit Low Fat or FF Milk</p>	<p>February 01 Grape Crescent or Asst. WG Cereal w/ WG Toast Chilled Fruit Juice or Fruit Low Fat or FF Milk</p>
	<p>February 04 Asst. Ultra Bread Slices or Asst. WG Cereal w/ WG Toast Chilled Fruit Juice or Fruit Low Fat or FF Milk Maple Syrup Packet</p>	<p>February 05 Pancake Sausage on a Stick or Asst. WG Cereal w/ WG Toast Chilled Fruit Juice or Fruit Low Fat or FF Milk</p>	<p>February 06 2 Waffles w/ Syrup or Asst. WG Cereal w/ WG Toast Chilled Fruit Juice or Fruit Low Fat or FF Milk</p>	<p>February 07 Breakfast Sausage Pizza or Asst. WG Cereal w/ WG Toast Chilled Fruit Juice or Fruit Low Fat or FF Milk</p>
<p>February 11 2 Pancakes w/ Syrup or Asst. WG Cereal w/ WG Toast Chilled Fruit Juice or Fruit Low Fat or FF Milk</p>	<p>February 12 Cheesy Eggs w/ Toast or Asst. WG Cereal w/ WG Toast Chilled Fruit Juice or Fruit Low Fat or FF Milk</p>	<p>February 13 Apple Filled Turnover or Asst. WG Cereal w/ WG Toast Chilled Fruit Juice or Fruit Low Fat or FF Milk</p>	<p>February 14 Breakfast Sausage Pizza or Asst. WG Cereal w/ WG Toast Chilled Fruit Juice or Fruit Low Fat or FF Milk</p>	<p>February 15 Chocolate Crescent or Asst. WG Cereal w/ WG Toast Chilled Fruit Juice or Fruit Low Fat or FF Milk</p>
<p>February 18 </p>	<p>February 19 Pancake Sausage on a Stick or Asst. WG Cereal w/ WG Toast Chilled Fruit Juice or Fruit Low Fat or FF Milk</p>	<p>February 20 Strawberry Guave or Asst. WG Cereal w/ WG Toast Chilled Fruit Juice or Fruit Low Fat or FF Milk</p>	<p>February 21 Breakfast Sausage Pizza Or Asst. WG Cereal w/ WG Toast Chilled Fruit Juice or Fruit Low Fat or FF Milk</p>	<p>February 22 Apple Frudel or Asst. WG Cereal w/ WG Toast Chilled Fruit Juice or Fruit Low Fat or FF Milk</p>
<p>February 25 Asst. Ultra Bread Slices or Asst. WG Cereal w/ WG Toast Chilled Fruit Juice or Fruit Low Fat or FF Milk</p>	<p>February 26 Pancake Sausage on a Stick or Asst. WG Cereal w/ WG Toast Chilled Fruit Juice or Fruit Low Fat or FF Milk</p>	<p>February 27 Apple Frudel or Asst. WG Cereal w/ WG Toast Chilled Fruit Juice or Fruit Low Fat or FF Milk</p>	<p>February 28 Breakfast Sausage Pizza or Asst. WG Cereal w/ WG Toast Chilled Fruit Juice or Fruit Low Fat or FF Milk</p>	<p>Eating Breakfast every day  "Jump Start" your day improve your learning skills and get better grades !!</p>

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Questions?? Contact Troy Golden, Food Service Director (724) 564-7190 Ext. 8123